

Discussion on National Vocal Music Singing and Teaching Practice in Colleges and Universities

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Abstract: The national vocal music of our country has a very long history, which contains a very rich singing repertoire, has a gorgeous singing style and complex singing skills, can express the singer's thoughts and thoughts in the heart, is a unique artistic form of the Chinese nation. For a long time, national vocal music has played an important role in the teaching of vocal music in colleges and universities in our country, and it is also a difficult point in the teaching content of vocal music in colleges and universities. In order to make students understand and master the knowledge of national vocal music better, then teachers should adopt the correct and effective teaching mode to make students acquire more knowledge in vocal music learning.

1. Introduction

In the same earth life, we have a common language, life and psychological feelings, the voice as a medium to express their true feelings, to reproduce the art form of real life, known as national vocal music. China's national vocal music art originated in the land of China, is a kind of singing art created by the people of all ethnic groups, it has the following singing methods, namely, national folk song singing, rap, opera singing and national new singing. In fact, it is also a performing art that takes the performance of the singer as the center and mainly sings. Therefore, in the actual classroom teaching process, teachers should make clear the characteristics of national vocal music singing, and adopt corresponding strategies to teach.

2. The Singing Characteristics and Artistic Treatment of National Vocal Music

As we all know, the uniqueness of national vocal music is to integrate language and music organically, so if we want to sing the national vocal music well, the singer must ensure that the pronunciation and spelling are accurate. How to maintain accurate pronunciation and spelling? Then we should consider from the following aspects: pronunciation should pay attention to the standard Mandarin, to achieve a clear pronunciation and spelling, to ensure that the "correct cavity". In singing the national vocal music, the characters are divided into three parts: biting the correct word head (there is another saying is making a sound), lengthening the word belly (there is another saying is long), and closing the word end (there is another saying is rhyme). The first part is to make sure that the initials are short and full of strength according to the boundless mouthpiece. The last part is to extend the vowel and release the vowel completely according to the four-call pattern.

In addition, the territory of our country is very vast, different places have different characteristics. To this, our country each nationality produced the unique local characteristic national vocal music song. There are even multiple types of vocal songs in the same area[1]. From the structure of the chapter, Chinese folk songs are usually in the form of four sentences, but there are also some areas, such as southern Shaanxi, Hunan and Sichuan, such as "driving five sentences"; Northern Shaanxi Xintianyou and Inner Mongolia climbing folk songs are two lyrics as a tune; and more than three to five sentences into a chapter, the sentence and sentence emphasis on the corresponding Tibetan "Lu" body song; folk songs, as long as two sentences are sung, are divided into two sentences, and pay attention to the next sentence. The minor lyrics widely circulated in various regions of the Han

nationality have their own style, such as four seasons to four-paragraph style, five changes to five-paragraph style and so on; northwest "flowers" of the hehuang, fangchang, longzhong three schools, all have different formats. In addition, there are some folk songs in the chapters, paragraphs and sentences are not fixed. Based on this, for different chapter structure, then will present a different escort, and then reflect the unique elements of folk songs.

Then the songs of each nation should be sung in different ways. For example: in singing love songs, the singer should pay attention to the following points: the strength of the pronunciation should be soothing, in tone should reflect a strong feeling; in singing happy folk songs, the singer should pay attention to: the strength of the pronunciation should have a certain sense of frustration, in tone attention to show enthusiasm and unrestrained feelings; in singing praise of folk songs, then the singer's pronunciation should be strong and powerful, so that the audience can understand the passion of the work; in the singing of sad folk songs, the singer's pronunciation should be euphemistic, implicit, to effectively express the sad feelings. In short, no matter what kind of folk songs, pronunciation and emotion should change with the change of the work, even when singing the same folk song, its composition, style, rhythm and so on should have certain changes, so as to reflect the changing process of the work.



Figure 1 Folk music

In addition to pronunciation and emotion, in the process of singing folk songs, the singing speed of songs can not be ignored. Different folk songs have different demands on speed. If singers want to achieve better results, they can change the singing speed of a certain paragraph or a certain lyrics[2]. "Why the Flowers Are So Red ," the Maryla Variations, as Chang Si sings, takes this approach, making the whole work more cheerful and giving the audience a different experience.

3. Teaching National Vocal Music in Colleges and Universities

In the process of national vocal music teaching in colleges and universities, teachers must adopt effective methods to teach students vocal music training. In the actual teaching process, teachers should adopt a kind of classroom teaching method which can deal with the relationship between whole and part in vocal music teaching more well, and integrate students' body and mind and emotion organically in vocal music training, so as to help students better adjust their own state, such as breathing, vocal organs and so on, so that they can sing in the best state.

First of all, we should pay attention to practical teaching, create a teaching situation consistent with the background of folk song creation, and create a better learning and singing environment for students in the corresponding teaching situation.[3]. Teachers are the organizers and guides of vocal music teaching, in the actual vocal music teaching, students should be properly guided, let students gradually feel the feeling of national vocal music, in this way to arouse students' emotional resonance, to help students understand folk songs more deeply, so that they can grasp more properly in the process of singing.

Secondly, teachers should train students to create and develop vocal music, in the process of vocal music teaching, not only to explain the most basic theoretical knowledge to students, but also to gradually cultivate students' creativity in music in the process, and guide students to explore the relevant knowledge of national vocal music, such as track background. Only in this way, it can further arouse the students' resonance, and then sing the true feelings contained in each folk song, and finally arouse the audience's inner resonance. This kind of training can not only help students

master vocal music better, but also deepen students' impression of vocal music culture.

Thirdly, in the teaching of national vocal music, teachers should strengthen their own cooperative learning with students, students and students, in the process of teaching each other. In the actual teaching of national vocal music, the teacher can divide the students into several learning groups reasonably, let the students take the group as the unit to carry out the study, the teacher can participate in the learning process properly, and solve the problems encountered in the students' learning process more timely. In this way, students will be able to learn every national vocal knowledge of the class are thoroughly understood, and on this basis to extend the learning.



Figure 2 National vocal music teaching

In addition, learn to sound with love, to sound. In combination with the above, the national vocal music of our country not only carries forward the more traditional singing method, but also absorbs the essence of the western singing method to a certain extent. It is the integrated singing method between the two, and belongs to our own singing method[4]. To better reflect the unique flavor of national vocal music art, we must achieve the unity of "sound" and "emotion ". To develop the ability of students to master the breath, otherwise, the students' body will become stiff and eventually have a bad effect on the performance of the song, especially in the singing of high-pitched works, the student's neck is the main pronunciation point, when the tone is higher, then the neck will be tight, so that the sound of the students will become dry and white, and the songs will become harsh.

Finally, teach students according to their aptitude. We often use "heart singing" to show that a person in the process of singing to achieve vivid, to become a purchase of folk song singer, then must have a real psychological feeling of music, can clearly express the true feelings of folk songs and the inner beauty of the work, and successfully arouse the emotional resonance of the audience, which is the ultimate purpose of cultivating students' artistic accomplishment. In this regard, teachers of national vocal music in colleges and universities should start from the following aspects when training students' singing skills: musical thinking, sound quality, sound level and timbre, etc. In addition, in the process of actual life and study, it will be influenced by external factors, and their aesthetic consciousness and artistic accomplishment can be improved to a certain extent.



Figure 3 Teaching students according to their aptitude

4. Conclusion

In a word, the national vocal music art of our country has a long history, and its artistic system also occupies a very important position in the world. Besides, it can also show the objective law of the development of national art and vocal music in our country, and its value is self-evident. As far as the teaching of national vocal music in china's colleges and universities is concerned, the most important thing is to take students as the main body of teaching activities, to help students

understand and master the singing skills of national vocal music through a series of effective teaching methods, and then to have a deeper understanding of national vocal music works, so as to provide a strong foundation for the promotion and development of national vocal music in our country, so as to carry forward the unique charm of national vocal music in our country, which is of great practical significance for the harmony and stability of our society.

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